

Halisko –sportschool project

Role of the instructor

10/31/2014

Sari Svensson , Finnish Workers' Sport Federation TUL ry



Halisko –sportschool project

- The aim is to increase children's **physical**, **mental** and **social** well-being
- Increase children's **self-motivated** exercise.
- Sports school offer children the **joy** of movement, as well as diverse and creative activities
- The main objectives are **pleasure**, **experiences** and **meaningful physical activity experiences**
- Halisko- school sports key themes are **physical exercise, nutrition, and the importance of sleep/rest.**
- Encourage children and **families** to exercise and eat healthy way.
- To increase **low-threshold/grass root** physical activity



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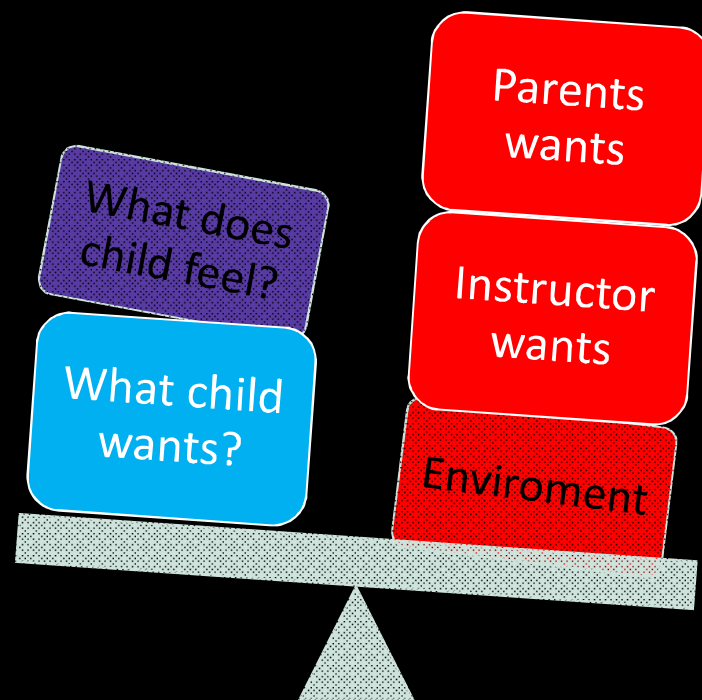
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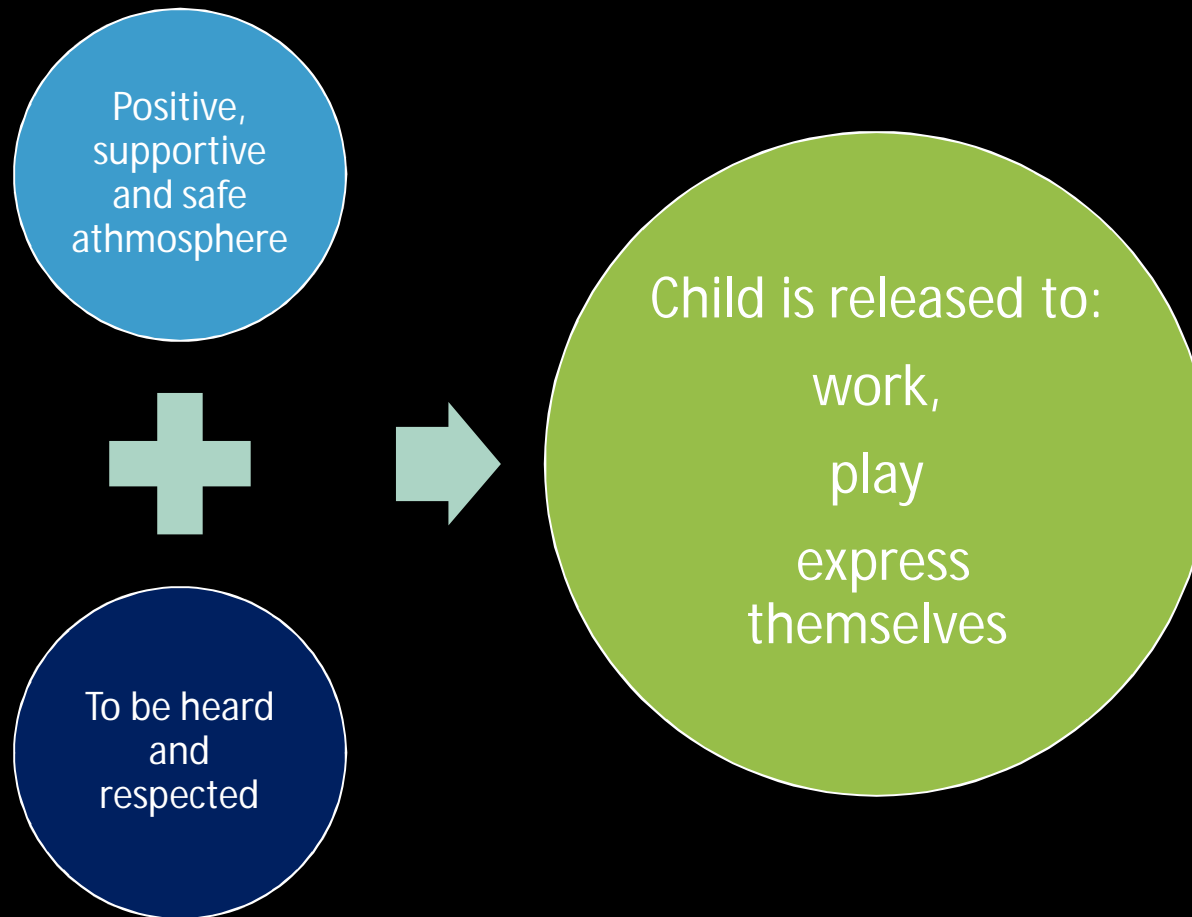


Creative methods

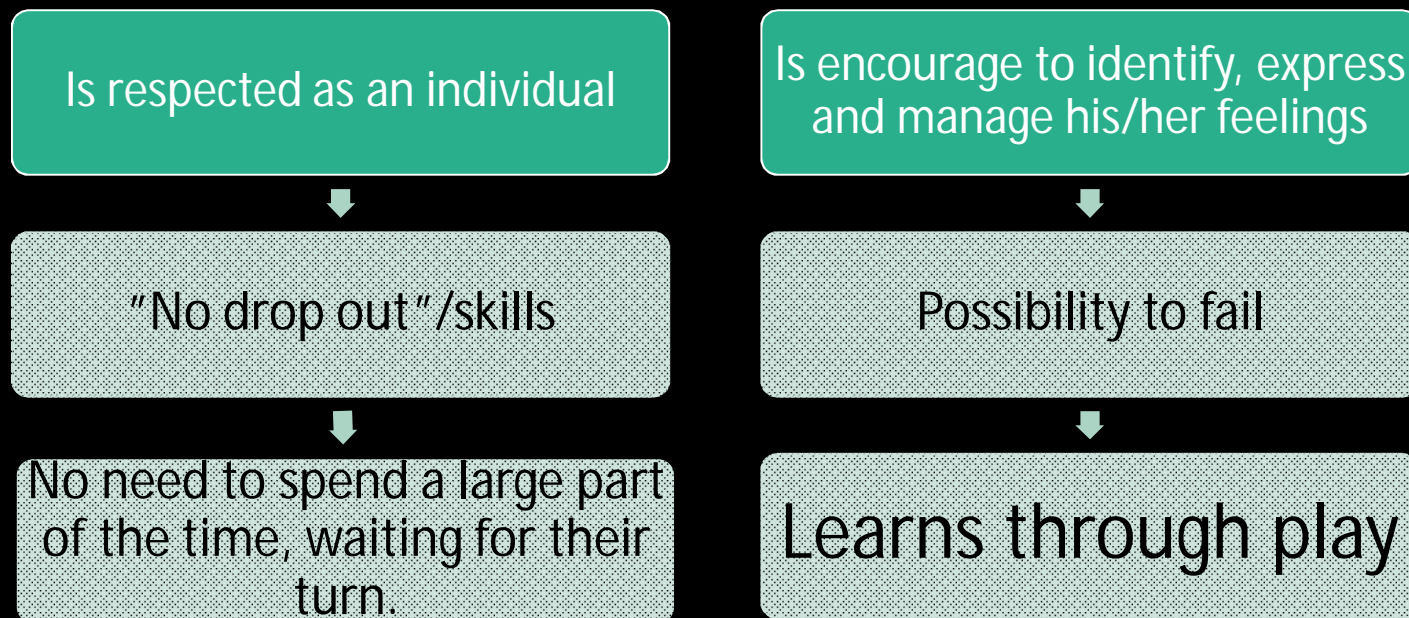


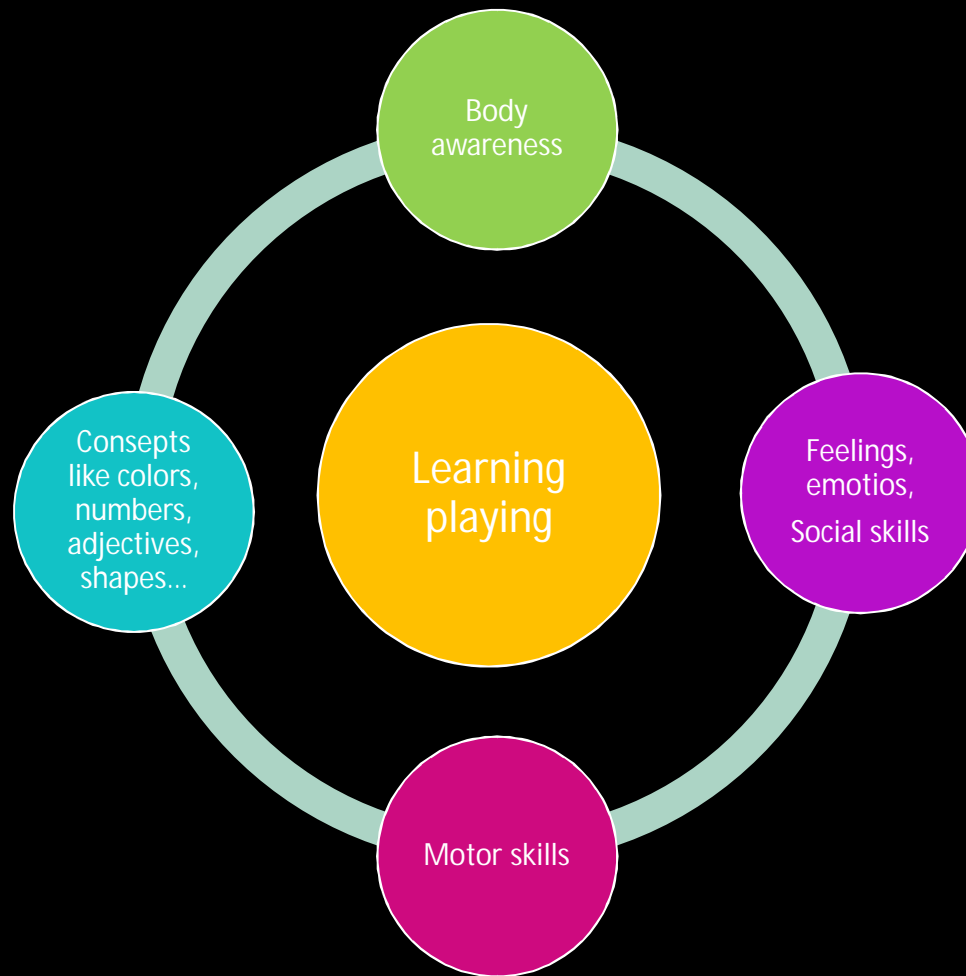
- The instructor can consciously create a stimulating environment that allows children desire to experiment and learn!





Child needs





The mind, emotion, movement, and the body
= a holistic view of the child

Exercise affects:

Motoric skills

Cognitive skills

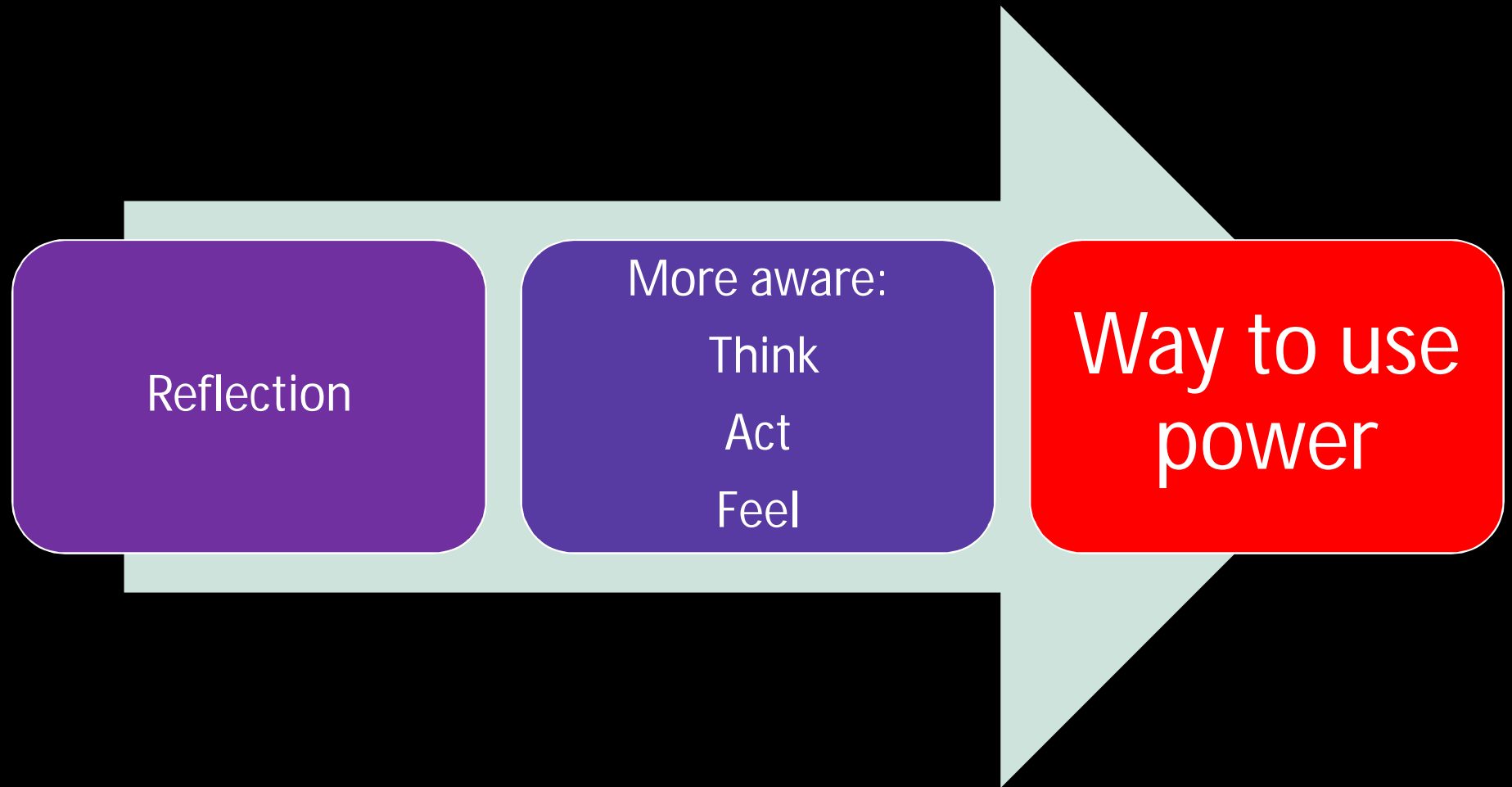
Emotional development.

What if the instructor is unable to act in a positive way?

It is human

Instructors role is
demanding

Instructor should
be aware:
Own practise
Feelings
Reactions



Knowledge:
Group dynamic
Emotions

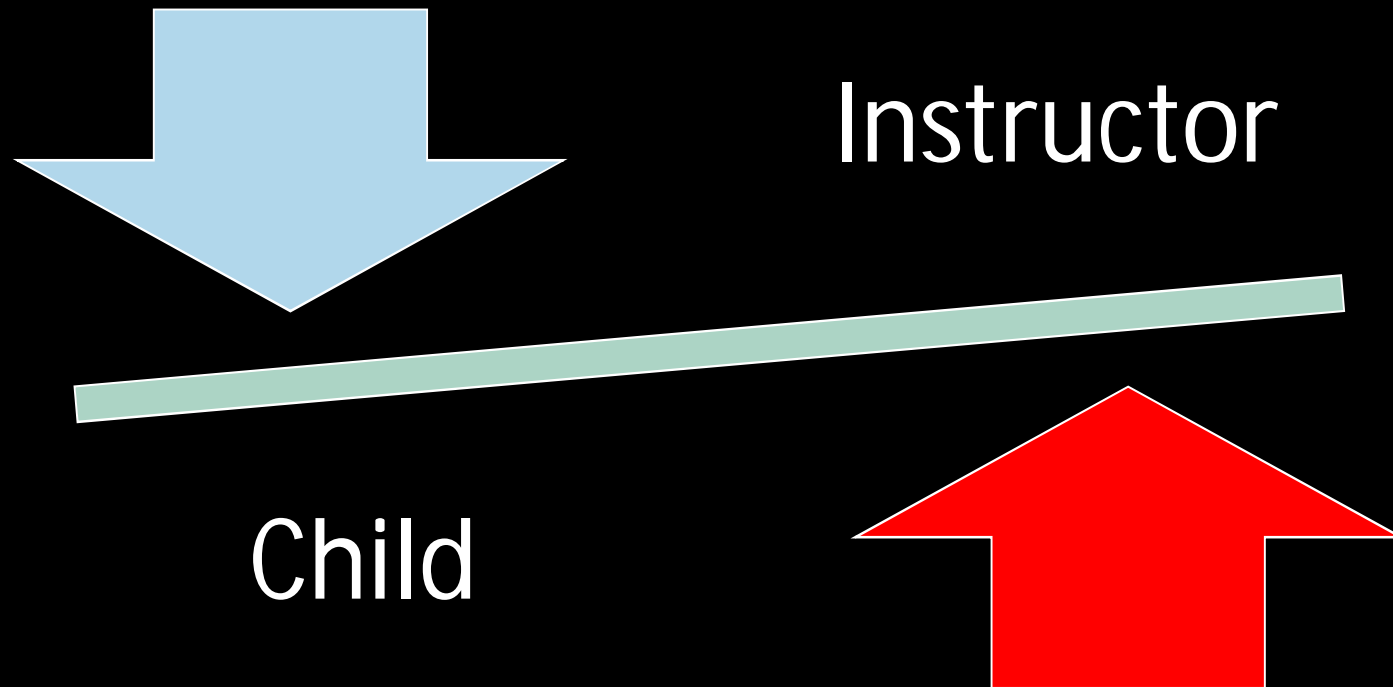
How to read
situations?

Way to use
power

I and use of power? What a question!

- The instructor is always the dominance of the child
- Positive and negative use of power
- How can you use the power?
- In what kind of situations, use of power is displayed?

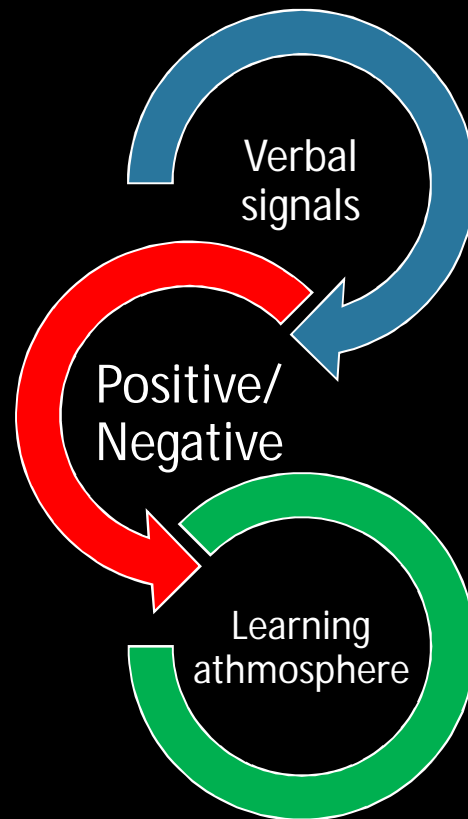
I and use of power? Never!

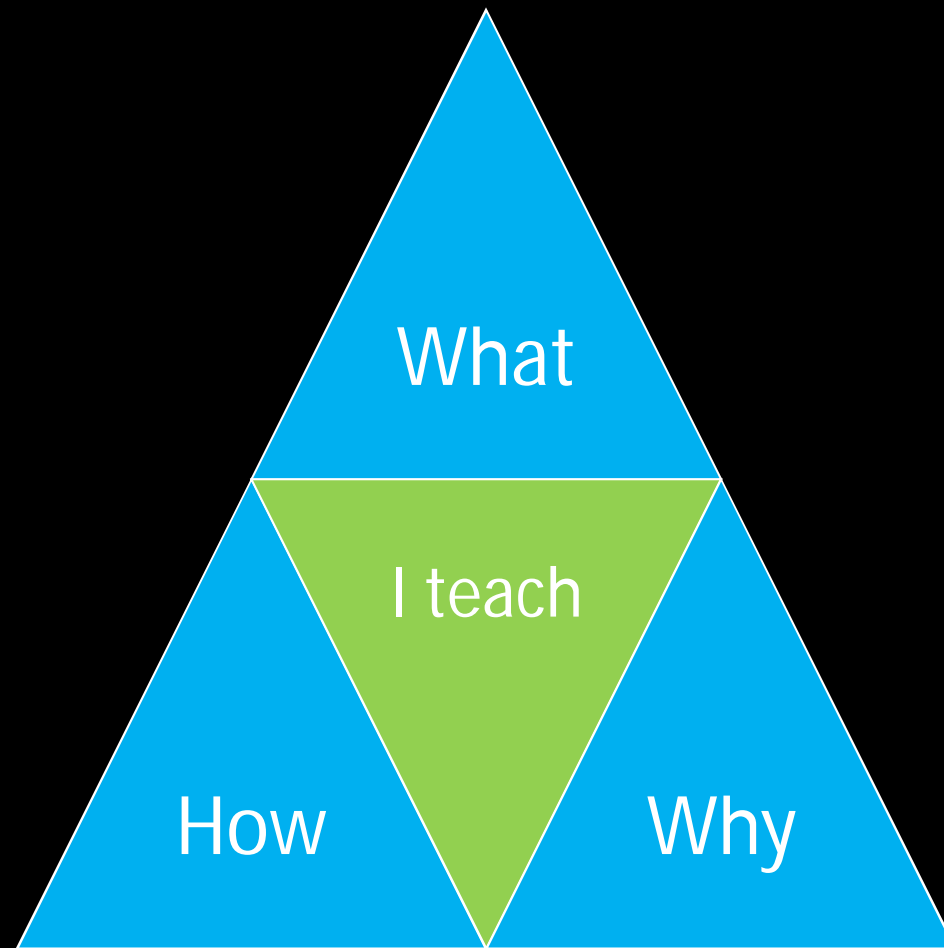


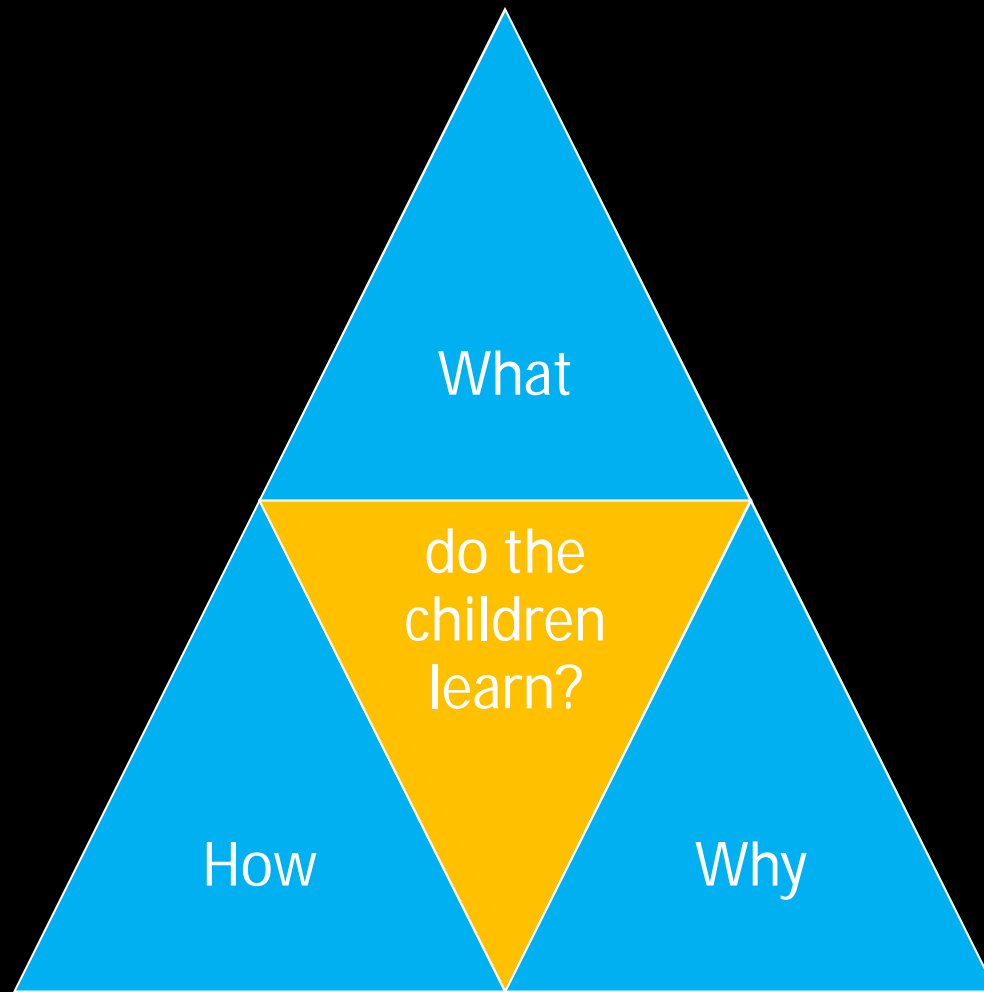
I and use of power? Yes.

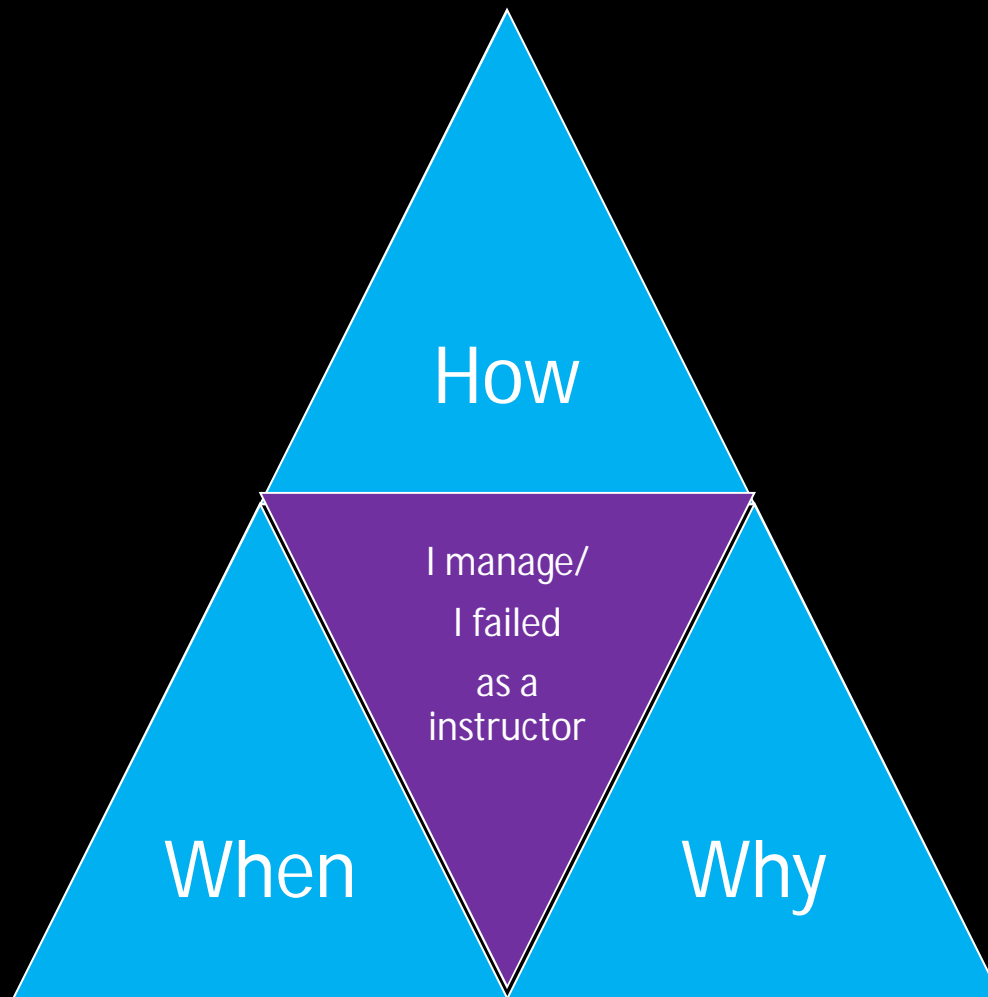


- Non-verbal signals
- Verbal signals
- Body language

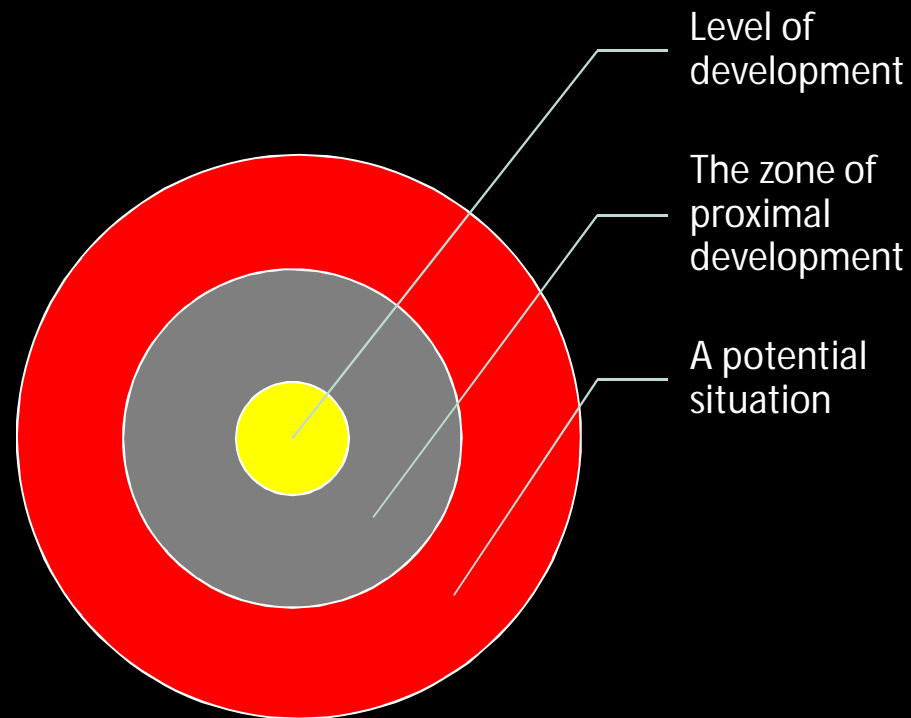




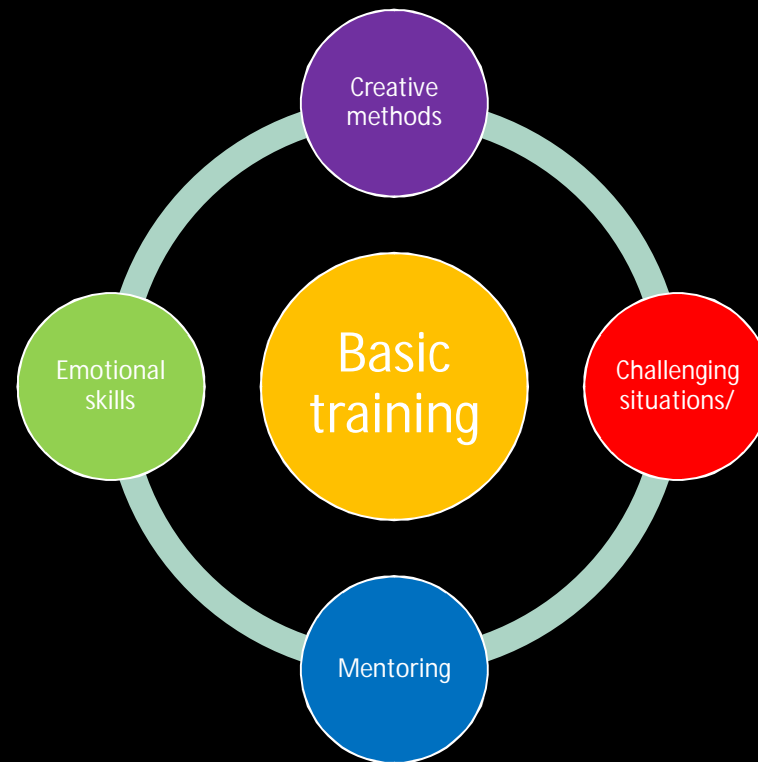


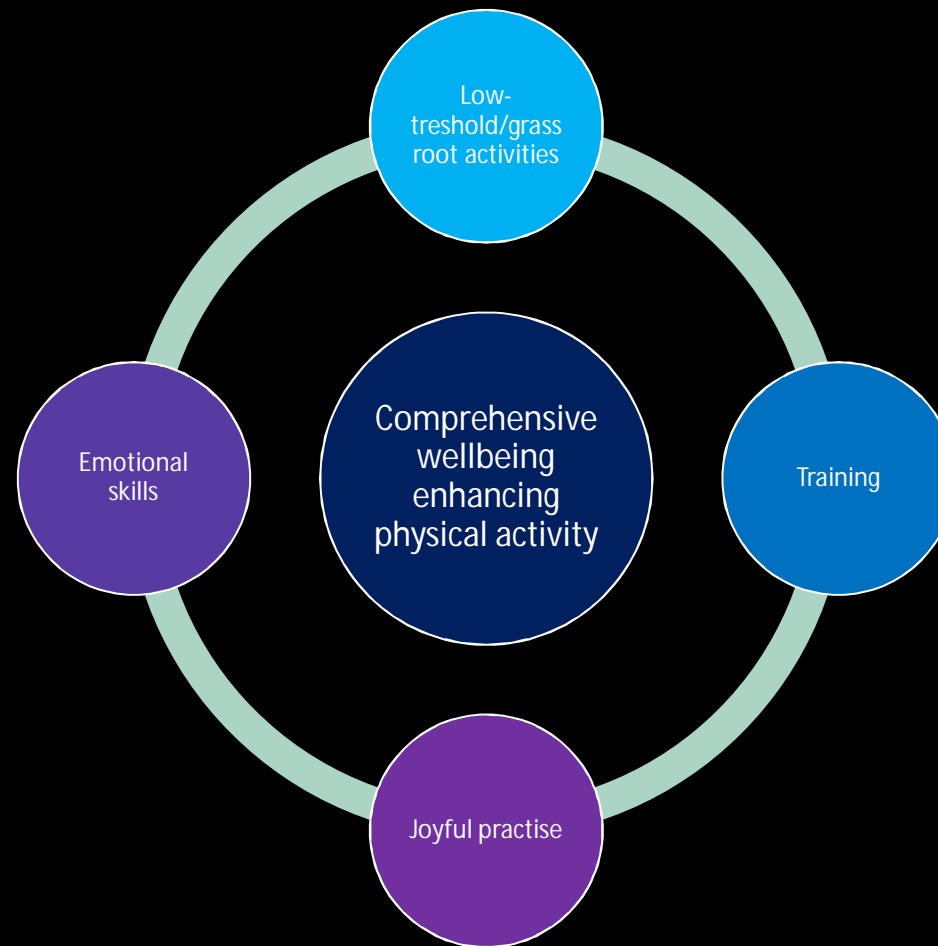


Zone of proximal development (Vygotski)



The training package





The End!



...The child has a hundred
languages,
a hundred hands, a
hundred idea
a hundred ways of thinking
about,
play, talk, to listen, to
wonder, to love.

Joy, song,
one hundred of the world
to discover.

The child has a hundred
languages
but he was taken away
ninety-nine...
(L. Malaguzzi)

